## **Patient Reminder Card**

Doctor's name:

### Telephone:

#### Notes:

### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in the Roaccutane® Package Leaflet. You can also report side effects directly (see details below). By reporting side effects you can help provide more information on the safety of this medicine.

**Please report side effects to:** Red Line Pharmacovigilance Ltd Challenge House, Sherwood Drive, Bletchley,

Milton Keynes, MK3 6DP, United Kingdom Email: cheplapharm@redlinepv.co.uk Telephone: +353 1800 123 000

**Or report to:** HPRA Pharmacovigilance, The Health Products Regulatory Authority, Website: www.hpra.ie

### **Further Information**

Please read the Roaccutane<sup>®</sup> Package Leaflet for further information on this medicine. If you have any questions about this medicine, please talk to your doctor or pharmacist.

M-IE-00001493 - November 2024

# FOR USE IN IRELAND

# Roaccutane<sup>®</sup> (isotretinoin) Contraception and

Pregnancy Prevention Patient Reminder Card

### Important reminder for men and women

- This medication has been prescribed to you only, do not share it with anybody and return any unused capsules to the pharmacy.
- Do not donate blood during treatment and for 1 month after stopping because an unborn baby could be harmed if a pregnant patient receives your blood.

Read the Package Leaflet carefully before you start treatment.

### Important information to know\*

Roaccutane<sup>®</sup> must not be taken during pregnancy.

Roaccutane<sup>®</sup> can seriously harm an unborn baby if taken during pregnancy.

### If you become pregnant or think you might be pregnant during treatment, stop taking Roaccutane® immediately and contact your doctor.

If you think you might be pregnant within one month of stopping Roaccutane®, contact your doctor immediately, because some medicine may still be left in your body.

### If you have any questions or concerns about taking Roaccutane®, talk to your doctor or pharmacist.

\*This applies to all girls and women using Roaccutane® and who could become pregnant.

## What you must do\*:

Use at least one very reliable method of contraception (such as an intra-uterine device or an implant) or correctly use two effective methods that work in different ways (such as an oral contraceptive together with a condom) for one month before taking Roaccutane <sup>®</sup> , during treatment and for one month after stopping treatment.
Do not become pregnant while taking Roaccutane <sup>®</sup> , or for one month after stopping treatment.
Attend regular follow-up visits and have regular pregnancy testing:
<ul> <li>Before you start treatment, you will have to take a pregnancy test, which must be negative.</li> </ul>
<ul> <li>To make sure you are not pregnant during treatment, you will have to take regular pregnancy tests, ideally every month.</li> </ul>
<ul> <li>One month after stopping treatment, you will have to take a final pregnancy test.</li> </ul>
*This applies to all girls and women using Roaccutane® and who could become pregnant.