

REMINDER for all patients

This medication has been prescribed to you only.

Do not give it to anybody else and return all unused capsules to the pharmacy.

You must not donate blood during treatment with isotretinoin and for one month after stopping treatment due to the possible risk to the fetus if the blood is transfused to a pregnant woman.

If you have any questions or concerns about taking isotretinoin, talk to your doctor or pharmacist.

Read the package leaflet carefully before you start treatment.

PATIENT ALERT CARD

Doctor's name:

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Phone:

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PATIENT ALERT CARD

ISOTRETINOIN

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A woman or girl of childbearing potential:

I am aware that:

- isotretinoin must not be taken during pregnancy.

If used during pregnancy, isotretinoin can seriously harm an unborn child.

- if I become pregnant or think I might be pregnant, I will immediately stop taking isotretinoin and contact my doctor.
- I must use at least one highly effective method of contraception (for example, an intrauterine device or implant) or use properly two effective methods of contraception that work in different ways (for example, oral contraceptive tablets together with a condom) before and during treatment and for at least 1 month after stopping treatment.
- I must not become pregnant during treatment with isotretinoin and for 1 month after stopping treatment.

- I must attend regular follow-up visits and have pregnancy testing (blood tests) at my doctor's office.
- before starting treatment, I must have a pregnancy test at my doctor's office which must be negative.
- to make sure I am not pregnant during treatment, I must have regular pregnancy testing at my doctor's office, ideally once a month. I must have my final pregnancy test 1 month after stopping treatment.

What you must do if you are a woman or girl of childbearing potential:

- ! **You must use at least one highly effective method of contraception (for example, an intrauterine device or implant) or use properly two effective methods of contraception that work in different ways (for example, oral contraceptive tablets**

together with a condom) before and during treatment and for at least 1 month after stopping treatment

- ! **You must not become pregnant** during treatment with isotretinoin or for 1 month after stopping treatment.
- ! **You must attend regular follow-up visits and have pregnancy testing (blood tests):**
 - Before starting treatment, you must have a pregnancy test which must be negative.
 - To make sure you are not pregnant during treatment, you must have regular pregnancy testing, ideally once a month. You must also have a final pregnancy test 1 month after stopping treatment.